

New Frankley Neighbourhood News

2022 Draws to a close...

As the year draws to a close we have seen many changes. The days are getting shorter and we are all finding ways to budget, save energy, keep entertained and stay cosy. Thank you to everyone who has participated in all the events this year, We've enjoyed the Easter egg hunt, carnival, craft and share, tai chi and many more. Hopefully this is just the start for Frankley and we can continue to come together in 2023, support one another and keep growing.

We also have to give a big applause to the volunteers who have been organising events, cleaning up, and generally putting their heart into the community to help make it a better place to live. Like all areas we've had our trial and tribulations and still have lots of work to do if we want to see serious results in the area but let's continue to work together, speak up and make changes.



EVENTS IN FRANKLEY

FRANKLEY HALLOWEEN FUN
SATURDAY 29TH OCTOBER
11AM TO 2PM
BALAAM'S WOOD & ARDEN ROAD SHOPS

LOTS OF FREE, FUN THINGS TO DO
FANCY DRESS, PUMPKIN CARVING,
HALLOWEEN TREASURE HUNT, SPIKEBIKES
AND MUCH MORE ...

CALL 07902903558 TO BOOK
YOUR FREE PLACES

NewStarts

REMEMBERENCE DAY

-The service has been booked with Reverend Jane Platt with a bugle player in attendance, on Friday 11th November, at 10.50am on the Mound, to include a minute silence at 11am

CHRISTMAS FAIR

-Saturday 19th November, 11-2pm. Home-made crafts and Christmas gifts from local sellers. Whether your looking for the perfect gift or interested in showcasing your unique, Tables are £5 and spaces are limited. A deposit of £10 is required

CHRISTMAS LIGHT SWITCH ON

-Dates to be confirmed. Stay in touch on our Facebook page, Frankley Carnival for updates on Events

Contact Linda on 07925233738 for more details or to book a stall.



USEFUL LOCAL CONTACTS

New Frankley Parish Council

0121 457 9410

New Starts

0121 679 2072

Frankley Childrens Centre

0121 453 3515

WE HEAR YOU....

We've heard your concern regarding the bikes in the area and anti social behaviour and we are continuously working to tackle these issues. And are working with many organisations in the local area and wider city.

We will also be running drop in sessions with your community police officer at the parish office. Stay informed on Facebook or call the office to stay updated on dates. We also have a private room if you wish to talk to an officer in confidence about any problems you may have.

Please don't be afraid to voice your concerns and work to make Frankley a safer place for everyone.

LEARN MORE ABOUT YOUR PARISH

IS THE PARISH RELIGIOUS?

One of the common misconceptions is that the parish council is a religious organisation. This is not true. The council is an elected body in the first tier of local government. They aim to represent the interest of the community and help improve the quality of life and the local environment. They can help influence other decision makers and can, in many cases deliver services to meet local needs. They are not tied to any particular party and are impartial.

WHAT DO WE DO?

Community safety, housing, street lighting, allotments, cemeteries, playing fields, community centres, litter, war memorials, seats and shelters, rights of way and some aspects of planning and highways, these are some of the issues that concern the parish government.

GETTING INVOLVED

We would love to hear more about local views and interests. What would you like to change in the area? Do you have an idea or activity that you need support with?

Please fill any comments below and hand into your parish office on Arden Road. You can remain anonymous, let us know what road you live on or share your identity. It is completely up to you.

We want to hear your opinion.

Good luck to Councillor Cowie, who has now

gone on maternity leave.



LETS KEEP THE ESTATE BLOOMING NICE



Twice a year the Parish Council funds the lovely planters that you see around the estate. These Canna Lillies are beautiful when fully bloomed and brighten up the estate. Unfortunately this maybe the end of the beautiful flora due to certain individuals who have stolen and damaged the majority of these planters. We now have very few remaining and will have no choice but to stop funding if they continue to be taken or vandalised.

Lets respect the greenery and keep the area looking good.



I would like to thank those who attended the coming together of our

community to mark the passing of our late Queen Elizabeth 11 at our

Remembrance Stone on Friday 16 th September 2022.

A union flag was placed at half-mast near the stone, unfortunately I have to

apologise to our community and to the royal family for those who damaged

and stole the flag and showed total disregard for those who were grieving over

our loss.

Sid Grey MBE

BEAT THE COLD THIS WINTER...

- Wrap up warm

Dress in layers and wear a hat, gloves and scarf. Keeping your head toes and hands warm, this will help retain warmth at the core of your body.

- Hot drinks

Avoid drinking excessive alcohol before going, or when, outside. It makes you feel warm because blood vessels in the skin expand, but this draws heat away from your vital organs. Why not try a warm apple juice or get creative and add flavours to your hot chocolate, like mint or vanilla. Fancy something a little stronger, also try our recipe below for a simple mulled wine.

- Stay Active

Keep as active as possible to boost your circulation. Move around at least once an hour and avoid sitting still for long periods. Even light exercise will help keep you warm. When you do sit down, put your feet up as it's coldest nearest the ground.

- Check what support you can get

Don't miss out on benefits. Depending on your circumstances you may get the Winter Fuel or Cold Weather Payments automatically. If you don't, visit gov.uk/winter-fuel-payment or call 03459 15 15 15 to see if you're eligible.

You may also be entitled to claim an Affordable Warmth Grant, which could help with heating and insulation improvements. For more information, call the Energy Saving Advice Service on 0300 123 1234 or visit gov.uk/energy-company-obligation.

EASY MULLED WINE RECIPE

Ingredients

1orange, sliced and seeded

1/2cup sugar

2cups water

1teaspoon ground cloves

2teaspoons cinnamon

1bottle red wine

Directions

combine the orange, sugar, water, and spices in a large stainless steel or enameled pot.

Slowly bring to a boil, reduce the heat, and simmer for 15 minutes.

Reduce the heat, add the wine, and slowly reheat but do not boil.

Serve warm in mugs.



JANE WITH ONE OF THERE FOOD PARCEL AT NEW STARTS

MEET JANE FROM MORRISONS

Community Champion Jane Williams joins us for a chat and to tell us what Morrisons have been up to this year.

Morrison's donated over 15million worth of food during the pandemic and continue to support local communities and charities. You can support by picking up a food parcel in store, which is then donated to local charity New Starts. in Frankley, who supply food parcels for vulnerable individuals and families in need.

Jane actively supports Rubery Wombles who have worked very hard in creating a community garden and do regular litter picks . There national charity partnerships is with Together for short lives who work with Children's Hospice, Acorns. They also support Tracey's dream and friends, alongside various other chatrities.

'It is more than just a job, I am passionate about supporting the community and getting involved with local activities. It's about supporting the next generation and children getting an opportunity to take part in local events, whilst helping keep cost down for families during these difficult times.' We love to collaborate and also welcome groups to use our café for community space'.

Timetable of activities starting September - December 2022. Please be aware all groups may be subject to change, call 0121 453 3515 to check				
Monday	Tuesday	Wednesday	Thursday	Friday
Musical Movers (Suitable for ages 0-5 years) Oddingley Hall Community Centre 10.00am - 11.00am	Cook & Play (Suitable for ages 0-5 years) Frankley Plus Children's Centre 10.00am - 11.30am	KIDS Group Frankley Plus Children's Centre 9.30am - 11.30am SEND play and stay and advice session Please call Frankley Plus Children's Centre for further details	Henry (Face to face delivery) Wychall Children's Centre 10.00am - 11.30am Appointment Only	First Words Together (Suitable for ages 1-2 years) St John Fisher Church Hall 10.00am - 11.30am Appointment Only
	Solihull Approach Ante Natal Frankley Plus Children's Centre 10.30am - 12.00pm Booking Essential - Appointment Only	Baby Massage Wychall Children's Centre 10.00am - 11.00am Booking Essential - Appointment Only	Virtual Breastfeeding Lounge 11.00am - 12.00pm (Contact Becki 0121 453 3515 for more details)	Song and Rhyme Time (Suitable for ages 0-5 years) St John Fisher Church Hall 1.00pm - 2.30pm
Employment and Training Workshop Venue - TBC 10.00am - 11.30am	Little Talkers Wychall Children's Centre 10.00am - 11.30am Booking Essential - Appointment Only	PHP Northfield Baptist Church 10.00am - 11.30am Booking Essential - Appointment Only	Little Talkers Weoley Castle Hub 10.00am - 11.30am Booking Essential - Appointment Only	Startwell Physical activities (Suitable for ages 1-5 years) St Gabriel's Church Hall (Not suitable for non-mobile babies under 1 year old) 10.00am - 11.30am
	Baby Sensory Group (Suitable for ages 0-2 years) Oddingley Hall Community Centre 1.00pm - 2.30pm Virtual Breastfeeding Lounge 1.30pm - 2.30pm Contact Becki on 0121 453 3515 for further details	Little Talkers Frankley Plus Children's Centre 1.00pm - 2.30pm Booking Essential - Appointment Only	First Words Together (Suitable for ages 1-2 years) Weoley Castle Hub 1.00pm - 2.30pm Appointment Only	Baby Group - LSSP (Look, Say, Sing, Play) NSPCC St Gabriel's Church Hall 1.00pm - 2.00pm
Breastfeeding Lounge Wychall Children's Centre 1.30pm - 2.30pm	Baby Massage Oddingley Hall Community Centre 1.00pm - 2.00pm Booking Essential - Appointment Only Employment and Training Workshop Oddingley Hall Community Centre 1.00pm - 2.30pm	Family Support duty available 9am - 5pm Monday - Fridays Frankley Plus Children Centre 0121 453 3515	Baby Sensory Group Suitable for 0-2 years Frankley Plus Children's Centre 1.00pm - 2.30pm	
Would you like to Volunteer within our groups please contact Michele for further details on 0121 453 3515	Baby Group (Suitable for ages 0-1 year) Frankley Plus Children's Centre 1.00pm - 2.30pm			

Virtual Henry (Healthy lifestyle 8-week sessions) Tuesday 1.00pm - 2.30pm contact Sally or Ruth at Frankley Plus Children's Centre for more details.